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The Pit Crew

Recruit your family or friends to come along and help you and your horse through the day.

It is great having someone to have extra drinking and sponging water for the horse along the trail, someone to hand you and drink and a snack, or hold your horse while you answer a call of nature at a vet check.

It is fun and useful to observe other pit crews in action.

Do some practicing at home first.

Teach your crew to take the horse's pulse so that you can monitor things at the vet checks if you wish.